From the Principal

Fantastic Effort from Young Sportsmen

I was incredibly proud of the Grade Sport teams that made it to the finals last week. In all, some nine teams played finals, with Water polo playing its grand final. For a school of our size, this is a magnificent achievement and I congratulate the teams and coaches on their efforts.

The Water polo team was victorious in the pool and what a talented group they are. Congratulations to the team, Mr Bladwell and Mr Semaan for their efforts in achieving this great victory.

This week, teams in Oztag (3), Basketball and Futsal played their grand finals. The Executive Meeting, normally held on a Wednesday afternoon was cancelled to permit Head Teachers and me to visit the various venues and see our young men in action.

I managed to see both the Futsal and Basketball teams win their games in very exciting matches. The Futsal team pulled ahead of their opponents, Homebush Boys’ High School to win convincingly; the basketballers held on for a nail-biting finish against Epping Boys’ in what was a thrilling game.

The three Oztag teams competing in the finals at Homebush had great results as well, with two teams winning and one going down valiantly in their finals.

Congratulations to all of the young sportsmen on their achievements and to their coaches for their great efforts.

Grand Final Scores 2015:

- Futsal 15a: RBHS 4 - Homebush 2
- Basketball 1s: RBHS 38 - Epping 35
- Oztag 15bs: RBHS 7 - Ashfield 3
- Oztag 2s: RBHS 6 - Homebush 5
- Water polo 15s: RBHS 11 - Asquith 1

Meet The Teachers

We had another great turnout of parents and carers at Meet The Teachers on Tuesday February 24. As is to be expected, the predominant group was Year 7 parents, but it was also great to see a number of parents and carers of students in different years meeting some of the teachers new to the school this year as well as teachers who may not have taught their sons before.

It was a very positive night and a chance to get an insight into how students are settling into the year and what lies ahead in the 2015 learning programs.

2016 Gifted and Talented Program

Even though it is only February, the school has had a high volume of requests for information regarding our 2016 academically selected gifted and talented program. In response to this, information on the website has been updated early for the program for Years 7, 8 and 9 for 2016.

Generally the links are not yet live, but where this is the case, there is a date to advise when the link will go live.

Parents of students in Years 7 and 8, who think their sons might be interested in the program for 2016, should consult the website for more information.
2015-2017 School Plan

The school plan for the next triennium is nearing completion. This year, the planning template from the Department is considerably different and a proportion of all schools’ plans will be posted on websites. This part of the plan will have a common format. As a result of this initiative, schools were given Term 1 to work (and re-work) their plans to fit the new template requirements.

At next month’s P&C Meeting (March 17), which is also the Annual General Meeting, I will be presenting what will be close to the final draft to the P&C for further discussion, prior to its finalisation.

Open Night

Open Night will be held on Tuesday March 10. It is an opportunity for prospective parents and carers to see the school, meet staff and students and learn a bit about the school’s philosophy and ethos. I always look forward to meeting new parents and carers. Of course, existing parents and carers are most welcome to attend.

If you know other parents who might be considering schools for the future (it doesn’t have to be just for a 2016 enrolment) please let them know. Information is available on the website, or by contacting the school.

W Duncombe
Principal

Free Academic Software Download

All NSW Department of Education and Communities school students are eligible to download and licence Adobe and Microsoft software from the following site:

http://nsw-students.onthehub.com/WebStore/Welcome.aspx?JSEnabled=1

Students are eligible for one software download per application only onto personally owned devices. Students will need to use their @education.nsw.gov.au student email address to register on their first visit. Click on the “Sign in” link at the top of the page and then click on the REGISTER button. A verification email will be sent to students’ DEC email address. To complete the registration select the link provided in the email.

Mr G. Burke
Learning and Support Teacher

Coming events for Term 1

<table>
<thead>
<tr>
<th>Week</th>
<th>Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 06</td>
<td>Homework Centre 3:30 - 5:00pm</td>
</tr>
<tr>
<td>Monday 02 March</td>
<td>Yr 12 Biology Excursion, Sydney Children Hospital, Randwick, 9am - 12:15pm</td>
</tr>
<tr>
<td>Wednesday 05 March</td>
<td>Homework Centre 3:30 - 5:00pm</td>
</tr>
<tr>
<td>Friday 06 March</td>
<td>Zone Swimming Carnival, Sydney Olympic park, all day</td>
</tr>
</tbody>
</table>

Attention parents

PLEASE ensure your son brings the correct money when paying at the office. We have limited cash and he may have to wait until the next day for his change.

Admin

Bandaged Bear Appeal

The second annual Bandaged Bear Bombardment competition will commence on Friday the 6th of March and run until Friday the 13th, raising funds for the Children’s Hospital at Westmead in support of sick children and their families. A five dollar donation is required by the SRC to enter the competition, and the year group team that wins their games will play a team comprised of teachers in an ultimate bombardment showdown! On Friday the 13th, the day of the final, there will be a fundraising barbecue at lunchtime, and a gold coin donation for a multi day. You must bring in five dollars and see a member of the SRC to register to play.

What: Bombardment competition (similar to dodge ball)
When: Friday the 6th to Friday the 13th of March
Where: The school gym during lunchtimes
Now: Register to play for your year by bringing five dollars to school
Parent Volunteers needed

P&C Sausage Sizzle on Open Night (Tues 10 March)

On Open Night, Tuesday 10 March, the P&C will manage a sausage sizzle during the course of the evening. We are looking for parents to help at this event whether it be in setting up, cooking or taking orders, etc.

If you can spare some time to assist between 4:30pm and 7:00pm, please email your availability and contact details to Maria Hoareau, P&C Secretary, maria.hoareau@bigpond.com

2015 FFA Cup Launch

On the 19th February I had the pleasure of being invited to the Westfield 2015 Football Federation Australia Cup launch held at the Earlwood Wanderers FC, which was Australia’s great Johnny Warren’s junior club.

Mr David Gallop, CEO of FFA, proudly announced this years FFA Cup will take a much higher profile as a standalone marquee fixture with the final to be held on 7th November. With over 650 teams entered around Australia, this tournament is a chance for grass roots senior teams through to A league teams to compete for the Cup.

It was such a privilege to meet some of Australia’s football greats such as Ange Postecoglou, Peter Raskopoulos and Mark Bosnich.

Yiannis Kotopoulos
Year 10

Team Results Semi-Finals

<table>
<thead>
<tr>
<th>SPORT</th>
<th>OPPONENT</th>
<th>SCORE RBHS</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cricket 2</td>
<td>BYE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cricket 15A</td>
<td>BYE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Basketball 1</td>
<td>Nth Sydney</td>
<td>44</td>
<td>20</td>
</tr>
<tr>
<td>Basketball 2</td>
<td>BYE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Basketball 15</td>
<td>BYE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Basketball 14</td>
<td>BYE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Volleyball 1</td>
<td>BYE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Volleyball 2</td>
<td>BYE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Volleyball 15</td>
<td>BYE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Volleyball 14</td>
<td>BYE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Baseball</td>
<td>BYE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tennis 1</td>
<td>BYE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Waterpolo 2</td>
<td>Epping</td>
<td>1</td>
<td>6</td>
</tr>
<tr>
<td>Waterpolo 15</td>
<td>Asquith</td>
<td>9</td>
<td>4</td>
</tr>
<tr>
<td>Futsal 1</td>
<td>BYE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Futsal 15A</td>
<td>Ashfield</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Futsal 15B</td>
<td>BYE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oztag 1</td>
<td>Epping</td>
<td>9</td>
<td>8</td>
</tr>
<tr>
<td>Oztag 2</td>
<td>Epping</td>
<td>11</td>
<td>2</td>
</tr>
<tr>
<td>Oztag 15A</td>
<td>Epping</td>
<td>9</td>
<td>9</td>
</tr>
<tr>
<td>Oztag 15B</td>
<td>Normanhurst</td>
<td>14</td>
<td>4</td>
</tr>
</tbody>
</table>

Man of the Match Points Tally

The Man of the Match Tally is drawing to an end for the Summer Season with a number of athletes from a number of different sports vying for Senior and Junior Sportsman of the Year trophies.

The awards will be presented at the end of the year at the 2015 RBHS Presentation ceremony.

At present there are 4 athletes vying for Junior Sportsman of the Year and 5 athletes competing for Senior Sportsman of the Year, these to be determined in the final series.

All athletes should be congratulated going into the Grand Finals with the spectacular way in which they have represented their parents their community and Randwick Boys’ High School.

Mr Brown will be organising a sausage sizzle for all those Grand Final representatives in the coming weeks.
Around the Grounds

RBHS Water Polo U15’s Zone Champions

RBHS Water Polo Representative Scott Dyson scored 8 goals against Asquith to put the North West Metropolitan Zone title beyond reach of their archrivals.

The Randwick boys, including youngster Gleb Samokhin, played a huge defensive roll to deny Asquith in the defensive half of the pool and they could only manage 1 goal in each quarter.

Coach, Mr Semaan, said after the match “it was a great team effort and all 13 players in the squad contributed, including 13 year old Stan Daly who scored a special goal on the day”.

Year 10 student, Duncan Evans, led from the front and inspired younger players to keep in position and keep their heads up in, at times, heavily pressured situations.

So frustrated were the Asquith players that they received a number of personal fouls earning a number of sin bin infractions.

RBHS Futsal U15’s Grand Final Bound

A one-all score line against Ashfield, in the Semi Final was enough to put the ‘Wicks’ straight into the Grand Final against Homebush on the 25th February.

Adam Attia found the net, but it was nullified by some good opposition play in the second half. After that, the cross bar acted like a magnet keeping Ashfield in the match.

Against Ashfield the boys had difficulty finding the back of the net and Coach Mr Marando was philosophical about their performance saying “sometimes you deserve to win and you don’t, other times you don’t deserve to win and you do”.

The Zone rule is, that if after extra time, the score is still a draw then the top ranked team, based on regular season points, goes straight into the Grand Final.

The 15 As are worthy grand finalists, but will face tough opposition against table front runners Homebush, which is being billed as a Futsal epic.

The 15s trained in the gym at lunch time, this week, trying to find that shooting accuracy that will be required to beat their rivals Homebush on Wednesday.

2015 RBHS Swimming Age Champions

The Swimming Carnival was held on 12th Feb at the Des Renford Aquatic Centre in Maroubra. The carnival was a very enjoyable day for the school community with Year 12 students dressing in house colours and supporting their House with pride.

The following students were awarded Swimming Age Champions trophies at the Sport assembly and will represent RBHS at the North Western Metropolitan Zone Swimming Championships on the 6th of March at Sydney Olympic Park.

17’s Alfred Lewis
16’s Zheng Lau
15’s Scott Dyson
14’s Tyler Perry
13’s Ben Royston
12’s Andy Noh

The boys play Epping in the Grand Final on the 25th February to decide the North Western Metropolitan Zone Champions.
## RANDWICK BOYS HIGH SCHOOL GLUTEN FREE MENU

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fruit Salad</td>
<td>$3.80</td>
</tr>
<tr>
<td>Caesar Salad</td>
<td>$3.80</td>
</tr>
<tr>
<td>Caesar Salad with Chicken</td>
<td>$4.50</td>
</tr>
<tr>
<td>Mixed Salad Box</td>
<td>$4.50</td>
</tr>
<tr>
<td>Mixed Salad Box with Tuna, Chicken or Ham</td>
<td>$5.50</td>
</tr>
<tr>
<td>Honey Mustard Chicken with rice</td>
<td>$4.40</td>
</tr>
<tr>
<td>Creamy Chicken and Mushroom with rice</td>
<td>$4.40</td>
</tr>
<tr>
<td>Chicken Korma with rice</td>
<td>$4.40</td>
</tr>
<tr>
<td>Butter Chicken with rice</td>
<td>$4.40</td>
</tr>
<tr>
<td>Thai Green Chicken Curry with Rice (HOT!!)</td>
<td>$4.40</td>
</tr>
<tr>
<td>Thai Red Chicken Curry with Rice (HOT!!)</td>
<td>$4.40</td>
</tr>
<tr>
<td>Thai Yellow Chicken Curry with Rice (Mild)</td>
<td>$4.40</td>
</tr>
<tr>
<td>Massaman Chicken Curry with Rice (Mild)</td>
<td>$4.40</td>
</tr>
</tbody>
</table>

**ALL CURRIES MAY ALSO BE SERVED WITH BEEF**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beef Stroganoff with rice</td>
<td>$4.40</td>
</tr>
<tr>
<td>Chicken Fried Rice</td>
<td>$4.40</td>
</tr>
<tr>
<td>Roast Beef or Chicken with mash (Gluten Free) with gravy</td>
<td>$4.40</td>
</tr>
</tbody>
</table>

*IT IS RECOMMENDED THAT YOU PLACE AN ORDER BEFORE ROLL CALL, TO ENSURE YOU RECEIVE YOUR FAVOURITE SELECTION*

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AUSTRALIAN FILM TELEVISION AND RADIO SCHOOL

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## APRIL 2015

**SCHOOL HOLIDAY SHORT COURSES**

- HSC VIDEO INTENSIVE // GAME DESIGN
- THE REAL FILMMAKING WORKSHOP
- MUSIC FOR FILM & TV // TV PRESENTING
- KIDS & TEENS DIGI ANIMATION + MORE!

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## April 2015

**SCHOOL HOLIDAY SHORT COURSES**

- HSC VIDEO INTENSIVE // GAME DESIGN
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- KIDS & TEENS DIGI ANIMATION + MORE!
RANDWICK BOYS’ HIGH SCHOOL
Guiding young men to success

OPEN NIGHT
Tuesday 10th March, 5 - 7pm

Come and speak to our student leaders and hear about our outstanding educational, cultural, sporting & civic programs. We’ll have:

➢ Displays in English, History, Maths, Social Science, Visual Arts, and Design and Technology.
➢ Drama and Music performances.
➢ Science & PDHPE demonstrations.
➢ View our technology rooms, workshops & Library.
➢ P&C BBQ and light refreshments.

Randwick Boys’ High School is a co-operative, caring school with a tradition of academic, sporting and creative achievement.

For a copy of the Open Night Program please visit our web site or contact the school.

For further information contact:
The Principal: Wayne Duncombe
Tel: (02) 9399 3122 Fax: (02) 9399 9546
Cnr Avoca and Rainbow Streets, Randwick
www.randwickb-h.schools.nsw.edu.au
Email: randwickb-h.school@det.nsw.edu.au
RBHS - Study Skills Time Line - Elevate Education

Randwick Boys’ High School is beginning a study skills program with Elevate Education. Students, teachers and parents are involved. The following provides a time line and a description of the seminar that the students are participating in. The program is supported by staff and parent workshops as indicated below, to ensure reinforcement in the classroom and at home.

<table>
<thead>
<tr>
<th>YEAR</th>
<th>TERM</th>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>WEEK</th>
<th>Seminar</th>
</tr>
</thead>
<tbody>
<tr>
<td>Teachers 1</td>
<td>Tuesday</td>
<td>10/2/15</td>
<td>2:30pm-3:30pm</td>
<td>3</td>
<td>in-service</td>
<td>Study Sensei</td>
</tr>
<tr>
<td>11</td>
<td>1</td>
<td>Tuesday</td>
<td>3/3/15</td>
<td>9am-10am</td>
<td>6</td>
<td>Student Elevation</td>
</tr>
<tr>
<td>12</td>
<td>1</td>
<td>Tuesday</td>
<td>3/3/15</td>
<td>10am-11am</td>
<td>6</td>
<td>Ace Your Exams</td>
</tr>
<tr>
<td>Parents 1</td>
<td>Tuesday</td>
<td>24/3/15</td>
<td>7pm-8pm</td>
<td>9</td>
<td>in-service</td>
<td>Memory and Mnemonics</td>
</tr>
<tr>
<td>12</td>
<td>2</td>
<td>Tuesday</td>
<td>16/6/15</td>
<td>9am-10am</td>
<td>9</td>
<td>Student Elevation</td>
</tr>
<tr>
<td>11</td>
<td>3</td>
<td>Tuesday</td>
<td>21/7/15</td>
<td>9am-10am</td>
<td>2</td>
<td>Time management</td>
</tr>
<tr>
<td>10</td>
<td>4</td>
<td>Tuesday</td>
<td>8/12/15</td>
<td>9am-11am</td>
<td>10</td>
<td>Study Sensei</td>
</tr>
<tr>
<td>10</td>
<td>4</td>
<td>Tuesday</td>
<td>8/12/15</td>
<td>11:20am-12noon</td>
<td>10</td>
<td>Career 1</td>
</tr>
</tbody>
</table>

2015 Student Program

<table>
<thead>
<tr>
<th>YEAR</th>
<th>Seminar</th>
<th>Seminar Covers</th>
</tr>
</thead>
</table>
| 10   | Study Sensei | This seminar provides students with a roadmap for what work they will have to do across the year. Specific skills include:  
• Note-taking strategies  
• Effective revision techniques  
• Conceptual learning techniques including mind-mapping  
• Succeeding with practice papers  
• Developing independent learning |
| 10   | Careers 1 | This seminar provides students with a range of skills in order to help them locate and apply for their ideal job, even for casual jobs. Specific skills include:  
• How to locate job opportunities  
• Building a standout Cover Letter  
• Building a standout CV |
| 11   | Student Elevation | This seminar examines the key fundamentals for senior school success and introduces students to a range of skills that will allow them to motivate themselves throughout the year, including:  
• The role of self-belief, conditioned self-belief and self-limitation  
• Establishing a 4-step goal setting process  
• Breaking goals into a series of achievable, short-term benchmarks |
| 11   | Time Management | Shows students how to find the time to do work across the year, as well as how to best use their time within subjects. Specific skills include:  
• How to develop a study timetable  
• Role of independent work  
• Leveraging time through study groups  
• How to beat procrastination (delay) |
| 12   | Ace Your Exams | This session provides students with a range of skills to improve exam preparation and exam room performance. Specific skills include:  
• Developing a continuous learning loop  
• How to use an exam planner  
• Exam preparation timeline  
• Getting the most out of practice papers  
• Rationing time in an exam  
• Breaking down an exam question  
• Stress management |
| 12   | Memory and Mnemonics | The outcome of this session is to move students away from rote-learning in order to develop higher level memory skills. Skills examined include:  
• Role of attention  
• Encoding techniques and learning styles  
• Semantic learning techniques including mnemonics and associative learning  
• Recall skills |
NSW SCHOOL IMMUNISATION PROGRAM

NSW Ministry of Health offers all school students free vaccinations recommended by the National Health and Medical Research Council (NHMRC). These vaccines are important and protect students through to adulthood.

In 2015 the following vaccines will be offered:

Year 7 students*
- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months for male and female students (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school into Year 8)

Year 11-12 students*
- measles-mumps-rubella (MMR) vaccine as a single dose as part of a catch-up vaccination program for students who are not fully protected.

*The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.

Parent Information Kits will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:
- read all the information provided
- complete the consent form, including by signing their name next to the vaccine/s the vaccines they would like their child to receive
- return to their child's school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year wherever possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child’s name) on the consent form, as this is required to record the student's information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.

A Record of Vaccination will be provided to each student vaccinated at the clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.
The Blak Markets allow you to sample and buy the best of Aboriginal culture without leaving Sydney. At this fantastic beachside market, browse stalls for Aboriginal paintings and designs, tuck into bush-tucker infused meals and see authentic Aboriginal cultural dance and music performances. Bring your swimming costume too!

Entry to Bare Island is $2 per person (Kids under 5 free) Transport infoline 131 500

Where: Bare Island, La Perouse. From La Perouse, it’s a short, two-minute walk to Bare Island accessible by bridge.

The Blak markets take place within the Kamay-Botany Bay National Park with the support of the NSW National Parks and Wildlife service.

More info at firsthandsolutions.org